ONE GREEN THING
7-DAY ACTION PLAN

DAY 1
KNOW WE CAN’T GOT IT ALONE
Call your member of Congress at (202) 224-3121 to advocate for strong climate action to protect our communities and future.

DAY 2
SEE ENERGY IN A NEW LIGHT
Make a “goal list” of energy efficient options for your home and begin planning to purchase replacements.

DAY 3
PROTECT THE SOURCE
Read an article about the importance of water conservation or protection of clean waters. Reflect on what you learned and make a plan to take action.

DAY 4
VOTE WITH YOUR WALLET
Track your use of single use plastics for the day and plan ways to use more sustainable products instead.

DAY 5
UNDERSTAND THAT YOU ARE WHAT YOU EAT
Take 10 minutes to learn more about supporting sustainable agriculture in your community.

DAY 6
THINK BEYOND YOUR AGE
Watch a documentary about green living, the climate crisis or sustainable practices with friends or family of a different generation. Discuss your various views after the film is over.

DAY 7
LOVE YOUR MOTHER (EARTH)
Write to your local school board about the importance of environmental education and outdoor experiences for young people.